



**LUSAKA INTERNATIONAL
COMMUNITY SCHOOL**

LICS Educational Visits Booklet 2023-2024



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The importance of learning outside the classroom

Learners have been conducted into the impact of learning outside of the classroom.

Repeated findings have shown the following results after children have attended trips:

- 74% of parents said their children were more willing to try new things after their residential trip
- 67% of parents reported that their children felt more confident after their residential trip
- 68% of students felt they knew more about their subject after their residential trip
- 69% of students reported that they were better at problem solving after their residential trip
- 69% of students said that their subject was more interesting and important to them
- 67% of secondary students felt that they could be a role model to others, compared to 40% before the residential trip
- 79% of students had enjoyed the opportunity to be involved in leading activities

Source: Sally Kendall and John Roger, York Consulting: Learning Away: Final Report 7th May 2015.





Educational visit values

The trip descriptions that follow include a colour-coded diamond indicating the trip's main focus in the areas of LEADERSHIP, INTERNATIONALISM, CHALLENGE and SERVICE. Some trips may have more than one focus.



LEADERSHIP

Learners take on a role where they are making decisions and guiding others. This could be in pairs, small groups or on a larger scale. They take responsibility for a task or number of tasks and are able to respond to feedback and suggestion effectively



INTERNATIONALISM

Learners, learn about other cultures, beliefs, environments and traditions and are willing to interact and cooperate with others that may not share the same backgrounds or values as their own.



CHALLENGE

Learners are placed in a situation where they are taken out of their comfort zone and respond positively, with integrity. This may be an adventurous physical challenge or a philosophical one.



SERVICE

Learners are given the opportunity to help others either in their local community or in a wider setting. This could also be helping the environment and considering global climate change as well as individuals or groups of people.

Each of our trips has an educational purpose. We have developed our LICs Principles to reflect the school mission statement, ensuring our learners progress towards becoming "Future Global Citizens". It is our hope that your child will work through and meet all of the LICs Principles by the time they conclude their LICs education.



Primary educational visits (Y3, Y4)

Year 3 Pioneer Camp

We have chosen Pioneer camp as a gentle introduction to the LICS Educational Visits program. This trip, for some, will be the first time away from home and may also be the first time camping. Year 3 will travel just outside Lusaka where they will be accommodated in dome tents at Pioneer's campsite. All activities will be on site and class teachers will always be present and on hand. Here they will have a number of experiences such as bush walks, pizza making, bird identification and arts and crafts star gazing guided by astronomic online tools and a campfire with hot chocolate. Pioneer camp offers a fantastic opportunity for our young learners to experience camping with their classmates and teachers in a safe, secure setting not too far from home.

Year 4 Lotri Bay

Year 4 learners spend 3 nights at Lotri Bay by Siavonga, between Lotri Bay and Lake Kariba. This educational trip focuses on sustainability and challenge where learners gather information and ideas for future Going Global projects. Activities include a visit to a community farm learning about the impact of climate change, flora and fauna ID, bird watching, zip line, fishing, cage swimming and problem solving. Hikes and outdoor pursuits challenge learners and interaction with children at primary school singing, dancing, playing football and netball and planting seeds together is a highlight of the trip. Qualified guides and instructors lead activities. Accommodation is in tents in small, single-sex groups. All meals and drinks are included; vegetarian and Halal preferences are catered for. Staff attending the trip include your child's Class Teacher, Specialists and supporting staff from LICS.

"Learning outside the classroom has so many benefits for young learners; physically, mentally, socially and emotionally. It provides excellent opportunities for children to identify and enjoy their various strengths and recognise where they can develop themselves further".

Una Barras-Hargan
LICS Primary Principal





Primary educational visits (Y5, Y6)

Year 5 Wildtracks

The purpose of the Year 5 Wildtracks Educational Visit is to conclude topics covered in class such as 'life cycles' 'habitats' and 'rivers'. It will also be an opportunity for learners to develop their leadership skills and personal resilience. While on the trip your child will have the opportunity to experience a number of adventurous activities including Baobab climbing, fishing, bush walking, river game viewing and obstacles courses educational outreach activities of litter collection through a local environmental program. They will travel to Wildtracks by school bus. Learners will be staying in tented chalet style accommodation in small, single-gender groups. All food, drinks and activities are included in the trip.

Year 6 Livingstone

Year 6 learners will spend 4 nights in Livingstone, camping in dome tents with. Children will focus on environment, conservation and the history and culture of Zambia - all of which provide excellent inspiration for Global Citizenship projects. Learners visit Victoria Falls, descending to the Boiling Pot, learn about wildlife at the Crocodile and Snake Park and on a game drive. They will interact with elephants and enjoy a cruise on the Zambezi. Learners will sing and make presentations at Tongabezi Trust School and identify recycling and sustainable production at Maramba Market. A trip to the Livingstone Museum provides the learners with a wealth of knowledge of Zambian history and culture. Swimming and team-building activities take place daily.





Secondary educational visits (Y7, Y8)

Year 7 Lotri Bay

Lotri bay is in Siavonga. This trip is for year 7 learners. Travelled 11-15th September 2023. It is meant to get them out of their comfort zone and help them to discover how strong they are and how much potential they have in enduring life's circumstances. In managing to hike every morning, they discover that they can do anything when they put their mind to it. It also helps them to learn that they can live without their phones for a week and have fun with their classmates.

Learners work and bond together as classmates and with their new form tutors. It also teaches learners to be responsible for their own wellbeing. They plan the day, prepare for the incoming day by ensuring that their water bottles are always full of water, they clean their own surroundings and sleeping areas, they keep their stuff in order etc.

Lotri bay has lots of games for learners. There is no dull moment. The learners go hiking every morning after a very good heavy breakfast for the well needed energy. Activities include hiking, canoeing, swimming, feeding wild animals, rock painting, fishing, boat cruising, and there are various games to play at the campsite. In the evenings learners play around the campfire and play games or have fun.

Year 8 Kasanka National Park

Learners embarked on an unforgettable journey to Nsofu Lodge in Lower Zambezi, where they had the incredible opportunity to participate in the Young Safari Cadets program. During their stay, learners were immersed in a diverse range of thrilling bushcraft activities and essential survival techniques. Each morning, they set out on early bushwalks, honing their skills in safety and the identification of local fauna and flora. Following a nourishing breakfast, learners learn the vital skills of responsibly sourcing water from a river, starting a fire, and purifying water through boiling and sterilization. They even crafted fishing rods from natural materials and tried their hand at fishing. Furthermore, learners delved into shelter-building, mastering the art of constructing basic A-frame shelters and efficiently pitching and dismantling tents. Throughout the week, they expanded their knowledge about the various wildlife species inhabiting the region and received an introduction to both basic car mechanics and basic first aid. On the final day at Nsofu, learners engage with the local community by visiting Mafunguatshi School and attending some of their lessons. This interaction fostered a meaningful exchange, with LICs generously donating much-needed school supplies to the school. In the afternoon, friendly netball and football matches were held, fostering a sense of camaraderie.

"The opportunity to get out and apply all of the knowledge our students have gained, in a safe, yet challenging environment is really why they are in school in the first place. At Secondary, learners cannot wait to see the wilder world and become strong individuals that can put theory into practice".

Clement Nderitu
LICS Secondary Principal





Secondary educational visits (Y9, Y12 & 13)

Year 9 & 10 Livingstone

Activities will include visiting the infamous Victoria Falls, visit to crocodile and snake park, a visit to the museum & market, visit to an orphanage, and opportunities to interact with the Elephants. Dry hire cruise and Game drive, lastly learners will have a campfire with marshmallows and some work experience presentations will be done. Learners will travel by school bus to Livingstone where they will stay in chalets which will be single gender shared accommodation. All food and drink will be provided, and all activities included.



Year 12 & 13 Pioneer Camp

Senior learners left for Pioneer camp and upon arrival, everyone was expected to set up their own tents. Fortunately, this has already been done by the courteous staff of Pioneer. During their stay, learners had the opportunity to engage in various activities while also bonding with and getting to know their peers as well as their teachers. Given that Pioneer also serves as a camp site, the environment offered a calm and relaxing milieu, ideal to get in touch with nature and oneself. This was made more significant during a field tour by a professional guide where the group was made more aware of the fragility of nature as well as the balance to be maintained in order to foster a sustainable future. Around the campfire and amidst the sounds of night-time Africa, many thought-provoking conversations were had while dipping melted marshmallows in chocolate. Learners also had the opportunity to create their own pizzas while one of the two groups provided breakfast on Friday morning and the other prepared dinner the same evening. During downtime, learners enjoyed the coolness of the pool or played football by the tents.



Secondary Duke of Edinburgh Award

Silver Practice Lusaka National Park run by M.M Adventures

The qualifying expedition is where learners put all skills and experiences together and complete a three-day expedition (including two overnight camps) with remote supervision from the instructing team.

Our Silver Duke of Edinburgh learners embarked on their Practice Adventurous Journey in the Shimalabala/Kafue region. A total of 20 learners from Year 10, Year 11, and Year 12 enthusiastically took part in this event. Throughout the three days, they acquired essential skills in compass navigation and demonstrated self-sufficiency within their groups. During this challenging weekend, learners were responsible for carrying their own backpacks, tents, sleeping bags, as well as all their food and water supplies, and were required to prepare their own meals. The scorching weather and demanding terrain put their resilience and determination to the test.

Bronze Practice Lusaka National Park run by M.M Adventures

The qualifying expedition is where learners put all skills and experiences together and complete a two-day expedition (including two overnight camps) with remote supervision from the instructing team.

The bronze DoE learners participated in their Practice Adventurous Journey in Lusaka National Park. Over the course of the weekend, they acquired essential skills in compass navigation and demonstrated self-sufficiency within their groups. During this weekend, learners were responsible for carrying their own backpacks, tents, sleeping bags, as well as all their food and water supplies, and were required to prepare their own meals.





Trips calendar

	August	September	October	November	December	January	February	March	April	May	June
1						Xmas Holiday			Easter Holiday		
2						Xmas Holiday			Easter Holiday		
3			Year 4 Trip	D.o.E Bronze Practice		Xmas Holiday			Easter Holiday		
4		Year 6 Trip	Year 4 Trip	D.o.E Bronze Practice		Xmas Holiday			Easter Holiday		
5		Year 6 Trip	Year 4 Trip / D.o.E Silver Practice	D.o.E Bronze Practice		Xmas Holiday			Easter Holiday		
6		Year 6 Trip	Year 4 Trip / D.o.E Silver Practice	EY Red Trip		Xmas Holiday			Easter Holiday		
7		Year 6 Trip / Year 11 Trip / Year 12 & 13 Trip	D.o.E Silver Practice			Xmas Holiday			Easter Holiday		
8		Year 6 Trip / Year 11 Trip / Year 12 & 13 Trip	D.o.E Silver Practice			Xmas Holiday			Easter Holiday		
9		Year 12 & 13 Trip	Year 3 A Trip								
10			Year 3 A Trip					Reception Trip			
11		Year 7 Trip / Year 8 Trip	Year 3 B Trip		Xmas Holiday						
12		Year 7 Trip / Year 8 Trip	Year 3 B Trip		Xmas Holiday						
13		Year 7 Trip / Year 8 Trip	Half Term		Xmas Holiday						
14		Year 7 Trip / Year 8 Trip	Half Term		Xmas Holiday			D.o.E Silver Qualifier			
15		Year 7 Trip / Year 8 Trip	Half Term		Xmas Holiday			D.o.E Silver Qualifier			
16			Half Term		Xmas Holiday			D.o.E Silver Qualifier	Year 5 Trip		
17			Half Term		Xmas Holiday			D.o.E Silver Qualifier	Year 5 Trip / Year 9 Trip		
18			Half Term		Xmas Holiday				Year 5 Trip / Year 10 Trip / D.o.E Bronze Qualifier		
19		DoE Bronze Info session	Half Term		Xmas Holiday				Year 5 Trip / D.o.E Bronze Qualifier		
20		DoE Bronze Info session	Half Term		Xmas Holiday				D.o.E Bronze Qualifier		
21		EY Yellow Trip	Half Term		Xmas Holiday				D.o.E Bronze Qualifier		
22			Half Term		Xmas Holiday						
23			Half Term		Xmas Holiday						
24	Term Starts		Half Term		Xmas Holiday				Year 5 Trip		
25					Xmas Holiday				Year 5 Trip	Year 7 Trip	
26					Xmas Holiday				Year 5 Trip		
27					Xmas Holiday						End of Term
28	Year 8 Trip	Year 11 Trip			Xmas Holiday						
29		Year 11 Trip			Xmas Holiday			Easter Holiday			
30	Year 7 Trip	Year 11 Trip			Xmas Holiday			Easter Holiday			
31	Year 12 & 13 Trip				Xmas Holiday			Easter Holiday			

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